

# St. Joseph Catholic Church – Lent and Easter 2010

Ash Wednesday – February 17

Mass Schedule

6:30am & 8:30am (All School)

12:00 Noon 5:30 pm

7:30 pm - Bilingual



Keeping  
a Holy Lent

## † STATIONS OF THE CROSS †

2:00 PM February 22, March 2, 11, 19 and 22

7:00 PM on Friday, Feb 19 and 26, Mar 5, 12, 19 and 26

The Passion of Our Lord Jesus Christ (in mime)

March 26 - 10:00am and March 29 - 6:30pm

PSR invites you to:

**SHADOW STATIONS OF THE CROSS**

6:30 pm in Church - March 8

Sacrament of Reconciliation

Wednesdays 7:30 pm in church

Saturdays 3:00 pm - 4:30 pm

†

CHECK THE BULLETIN FOR  
ADDITIONAL TIMES



## FISH FRY

Dinner served every Friday  
IN THE GYM

4:15 – 7:15 pm

Volunteer to help!

Sign up sheets in the Vestibule

Proceeds given to charity



## Jonah Prayer Ministry

Available to pray  
with you after  
the following

masses:

9:00 am

11:00 am

5:00 pm

March 14

Pray the Rosary  
Wednesday Evenings  
8:45 – 9:30 pm  
In the courtyard



## Exposition of the

## Blessed Sacrament

Wednesdays 12:00 noon – 7:30 pm  
IN CHURCH WITH



## Holy Hour for Life

March 3

## Encounter

March 17

## Adore My Son

Feb 24, Mar 10, 24 and 31

FROM 7:30 pm – 8:30 pm IN CHURCH

“Remove the sandals from your feet, for the place where you stand is holy ground. I am the God of your fathers... the God of Abraham, the God of Isaac, the God of Jacob.”




Exodus 3:5-6

## Holy Week

March 28 – April 4, 2010

March 28  Palm Sunday

Regular Sunday Mass Schedule

April 1  Holy Thursday

Morning Prayer 8:30 am

Mass of the Lord's Supper 7:30 pm

April 2  Good Friday

Morning Prayer 8:30 am

Youth Passion Mime 12:00 noon

The Seven Last Words of Christ 1:00 pm

Stations of the Cross 2:00 pm

Liturgy of the Lord's Passion 7:30 pm

April 3 Holy Saturday

Morning Prayer 8:30 am

Blessing of the Easter Baskets 1:00 pm

Easter Vigil Mass 8:00 pm



## Easter Sunday



Mass in the Church

7:00 am

9:00 am – Choir

11:00 am – Ensemble

1:00 pm

Mass in the Gym

7:00 am

9:00 am

11:00 am – Youth

(NO 5:00 pm or 7:00pm Mass)

Check Sunday bulletin for prayer, study and charitable service opportunities.



## Archdiocesan Lenten Regulations

Then to all Christ said, "Whoever wishes to be my follower must deny his very self, take up his cross each day, and follow in my steps." (Lk 9:23)

The Church, along with the Pope and the American bishops have outlined obligatory fast and abstinence as follows:

- ❖ **Ash Wednesday** (February 17, 2010) and **Good Friday** (April 2, 2010) are days of **ABSTINENCE** for all Catholics over the age of 14. On these two days, **FAST** as well as abstinence is also obligatory for those from the ages of 18 - 59. Abstinence means abstinence from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No Catholic should lightly excuse himself or herself from this obligation.
- ❖ **All other Fridays of Lent** are days of **abstinence** from meat. Here again, Catholics will not hold themselves lightly excused, but if there is a serious health problem, this obligation would not apply.
- ❖ We should strive to make all days of Lent a time of prayer and penance.

### *Other Suggestions for this Season of Lent*

Attend weekday Mass whenever possible  
Attend Eucharistic Adoration  
Receive the Sacrament of Reconciliation

Read the Bible  
Go on a retreat  
Volunteer to work

Pray the Rosary, the  
Stations of the Cross or  
Divine Mercy Chaplet

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